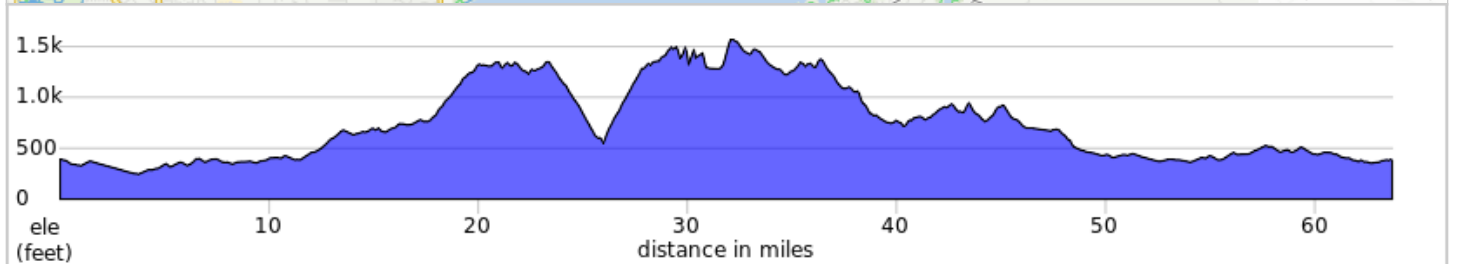
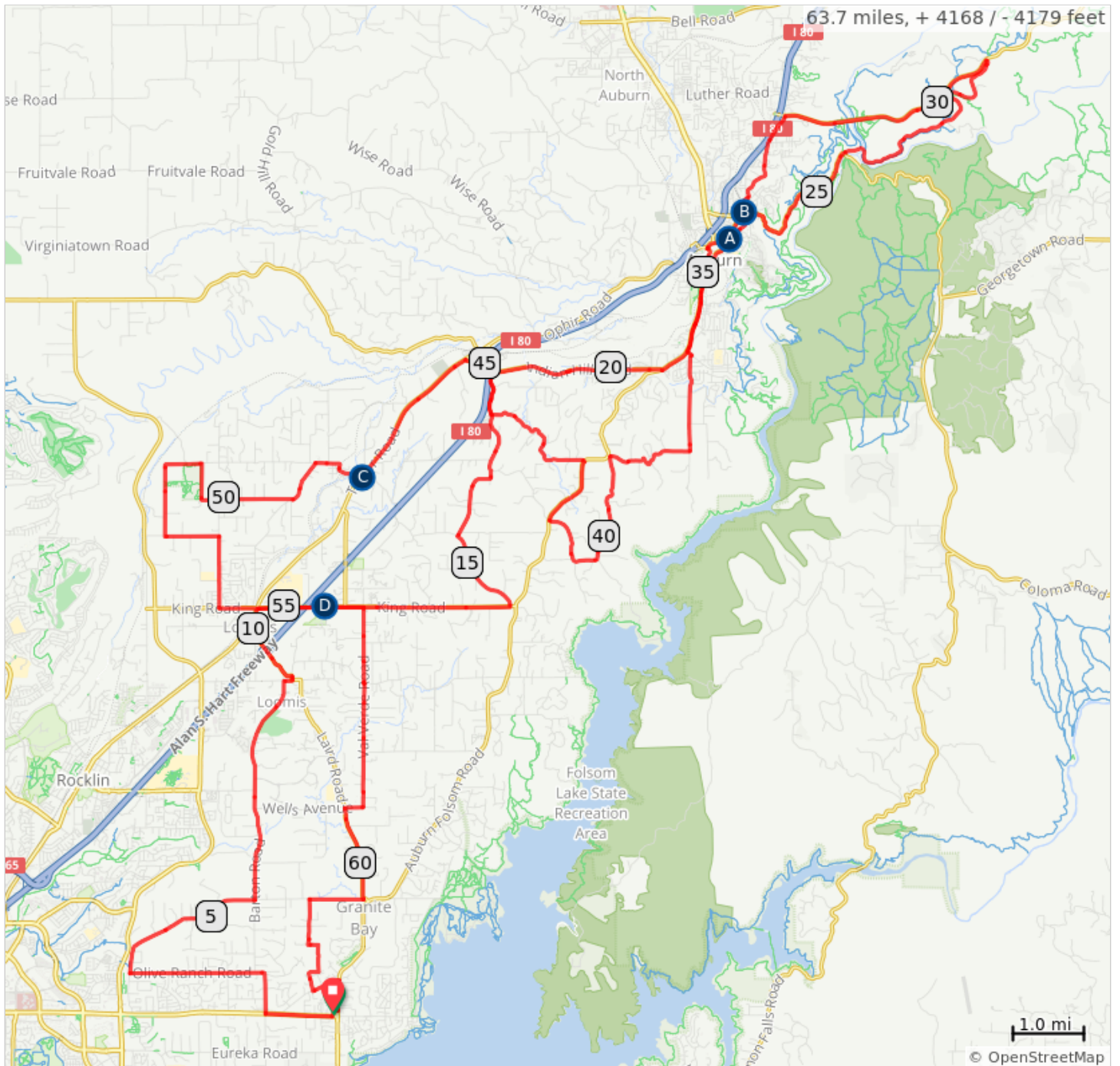


Metric Century '20 Trek



- | | | | |
|----|--|----|---|
| A. | REST STOP - Lewis Street, Auburn | C. | REST STOP - Griffith Quarry Park, Penryn |
| B. | CAUTION! Descent into American River Canyon = 4 mile long climb out! | D. | REST STOP - Loomis Basin Community Park - south |



Metric Century '20 Trek

Num	Dist	Type	Note	Next
1.	0.0	📍	Start of route	0.0
2.	0.0	➔	R onto Douglas Blvd	0.9
3.	1.0	➔	R onto Barton Rd	0.7
4.	1.7	⬆	Continue onto Olive Ranch Road	1.7
5.	3.4	➔	R onto Cavitt Stallman Road	2.4
6.	5.8	⬅	L onto Barton Road	3.2
7.	9.0	➔	R onto Brace Road	0.1
8.	9.1	⬅	L onto Horseshoe Bar Road (towards Freeway)	0.1
9.	9.2	⬅	L onto Horseshoe Bar Road WEST	1.0
10.	10.1	➔	R onto Taylor Road	0.3
11.	10.4	➔	R onto King Road	1.0
12.	11.3	➔	REST STOP: Turn R into Loomis Basin Community Park on Ong Place.	0.1
13.	11.4	➔	R into Rest Stop. EXIT L onto Ong Place.	0.1
14.	11.5	➔	R onto King Road	2.5
15.	14.0	⬅	L onto Brennans Road	1.6
16.	15.6	➔	R onto Brennans Road	1.1

15.6 miles. +703/-436 feet

Num	Dist	Type	Note	Next
17.	16.7	⬅	L onto Newcastle Road	1.5
18.	18.2	➔	R onto Indian Hill Road	2.5
19.	20.7	⬅	L onto Auburn Folsom Road	1.6
20.	22.3	➔	R onto High Street	0.5
21.	22.8	➔	REST STOP: Turn R onto Lewis Street. EXIT L back onto Lewis Street.	0.0
22.	22.9	➔	R onto High Street	0.1
23.	23.0	➔	R onto Lincoln Way	0.4
24.	23.4	➔	R onto El Dorado Street, CA 49. CAUTION: Steep drop into the Canyon after the traffic light.	2.3
25.	25.7	⬆	Continue onto Old Foresthill Road	3.4
26.	29.1	⬅	L onto Foresthill Road	3.2
27.	32.2	⬅	L onto Lincoln Way	1.6
28.	33.8	➔	R onto El Dorado Street, CA 49	0.2
29.	34.0	⬆	Continue onto High Street	0.3
30.	34.3	➔	REST STOP: (Diagonally across street on Lewis Street.) Turn R onto Lincoln Way	0.3

18.7 miles. +2218/-1666 feet

Num	Dist	Type	Note	Next
31.	34.6	←	L onto Auburn Folsom Road	1.5
32.	36.1	←	L onto Maidu Drive	0.1
33.	36.2	→	R onto Shirland Tract Road	1.3
34.	37.5	→	R onto Shirland Tract Road	1.3
35.	38.8	←	L onto Rattlesnake Road	1.5
36.	40.3	→	R onto Newcastle Road	1.1
37.	41.4	→	R onto Auburn Folsom Road	1.0
38.	42.4	←	L onto Powerhouse Road	1.8
39.	44.2	→	R onto Newcastle Road	0.8
40.	45.0	↖	Cross over I-80 and turn slight L onto Old State Highway	0.1
41.	45.1	↗	Slight R onto Old State Highway and go over the hill.	0.3
42.	45.3	←	L onto Taylor Road	2.2
43.	47.5	←	L onto Rock Springs Road	0.1
44.	47.7	→	REST STOP: Turn R into Griffith Quarry Park. EXIT L onto Rock Springs Rd., then cross Taylor Road onto English Colony Way and head downhill.	0.8

13.4 miles. +707/-1251 feet

Num	Dist	Type	Note	Next
45.	48.5	←	L onto Swetzer Road	0.6
46.	49.1	→	R onto Colwell Road	1.0
47.	50.1	↑	Continue straight onto Humphrey Road	0.7
48.	50.8	←	L onto English Colony Way	0.2
49.	51.0	↖	Keep L onto Delmar Avenue	1.3
50.	52.3	←	L onto Citrus Colony Road	0.7
51.	53.1	→	R onto Humphrey Road	1.0
52.	54.1	←	L onto King Road	1.5
53.	55.6	↑	(Loomis Basin Park on right)	0.5
54.	56.1	→	R onto Val Verde Road	1.0
55.	57.1	↑	Continue straight on Val Verde Road at Horseshoe Bar Road.	1.8
56.	58.9	→	R onto Wells Avenue	0.3
57.	59.2	←	L onto Laird Road	1.3
58.	60.5	↘	Sharp R onto Cavitt Stallman Road	0.8
59.	61.2	←	L onto Oak Pine Lane	0.6
60.	61.9	←	L onto Itchy Acres Road	0.9
61.	62.8	←	L onto Joe Rodgers Road	0.4
62.	63.2	→	R onto Auburn Folsom Road	0.4

15.5 miles. +374/-512 feet

Num	Dist	Type	Note	Next
63.	63.6	→	R into Country Gables (Raley's) Center. END OF ROUTE.	0.1
64.	63.7	📍	End of route	0.0

0.5 miles. +0/-2 feet